

## DISCHARGE SUMMARY

<b>PATIENT NAME:</b> VAIBHAV PRATAP GOND	<b>AGE:</b> 1 YEARS, 2 MONTHS & 17 DAYS, <b>SEX:</b> M
<b>REGN. NO:</b> 14035663	<b>IPD NO:</b> 194743/25/1201
<b>DATE OF ADMISSION:</b> 07/09/2025	<b>DATE OF DISCHARGE:</b> 15/09/2025
<b>CONSULTANT:</b> DR. K. S. IYER / DR. NEERAJ AWASTHY	

### DISCHARGE DIAGNOSIS

- Cyanotic Congenital Heart Disease
- Tetralogy of Fallot
- Large Peri-membranous ventricular septal defect
- Severe Infundibular Pulmonary stenosis
- Tiny Patent ductus arteriosus
- Right atrium mild dilatation
- Right ventricle hypertrophy
- S/P Diagnostic cath and angiogram done on 08/09/2025 at Fortis Escorts Heart Institute, New Delhi- McGoon ratio= 1.63 and Nakata index=248.6mm/m<sup>2</sup>

### OPERATIVE PROCEDURE

**Dacron patch closure of ventricular septal defect + Infundibular resection + Patent ductus arteriosus ligation done on 09/09/2025**

**Infundibulum admitted Hegar 11.**

This was managed with avoidance of hepatotoxic drug and continued preload optimization, inotropy and after load reduction. His liver function test gradually improved. His other organ parameters were normal all through.

His predischarge liver function test are SGOT/SGPT = 33/09 IU/L, S. bilirubin total 0.26 mg/dl, direct 0.09 mg/dl, Total protein 5 g/dl, S. Albumin 3.1 g/dl, S. Globulin 1.9 g/dl Alkaline phosphatase 146 U/L, S. Gamma Glutamyl Transferase (GGT) 11 U/L and LDH 430 U/L.

Thyroid function test done on 09/09/2025 which revealed normal → Thyroid function test showed T3 2.56 pg/ml (normal range - 2.41 – 5.50 pg/ml), T4 1.20 ng/dl (normal range 0.96 - 1.77 ng/dl), TSH 4.790 µIU/ml (normal range - 0.700 – 5.970 µIU/ml).

Gavage feeds were started on 0 POD. Oral feeds were commenced on 2<sup>nd</sup> POD.

#### **CONDITION AT DISCHARGE**

His general condition at the time of discharge was satisfactory. Incision line healed by primary union. No sternal instability. HR 120/min, normal sinus rhythm. Chest x-ray revealed bilateral clear lung fields. Saturation in air is 100%. His predischarge x-ray done on 13/09/2025

**In view of congenital heart disease in this patient his mother is advised to undergo fetal echo at 18 weeks of gestation in future planned pregnancies.**

**Other future siblings are advised detailed cardiology review.**

#### **PLAN FOR CONTINUED CARE:**

**DIET :** Normal fluid restricted diet as advised

**Normal vaccination (After 6 weeks from date of surgery)**

**ACTIVITY:** Symptoms limited.

## FOLLOW UP:

Long term cardiology follow- up in view of:-

1. Possibility of recurrence of Right ventricular outflow tract obstruction

**Review on 16/09/2025 in 5<sup>th</sup> floor at 09:30 AM for wound review**

**Repeat Echo after 6 - 9 months after telephonic appointment**

## PROPHYLAXIS :

**Infective endocarditis prophylaxis prior to any invasive procedure**

## MEDICATION:

1. Syp. Paracetamol 125 mg PO 6 hourly x one week
2. Tab. Pantoprazole 10 mg PO twice daily x one week
3. Tab. Fluconazole 50 mg PO once daily x one week
4. Syp. Lasix 10 mg PO twice daily till next review
5. Tab. Aldactone 4.5 mg PO twice daily till next review
6. Syp. Shelcal 2.5 ml PO twice daily x 3 months

7. Nasoclear nasal drop 2 drop both nostril 4<sup>th</sup> hrly
8. Nebulization with normal saline 4<sup>th</sup> hrly

➤ All medications will be continued till next review except the medicines against which particular advice has been given.

**Review at FEHI, New Delhi after 6 – 9 months after telephonic appointment**

**In between Ongoing review with Pediatrician**

**Sutures to be removed on 23/09/2025; Till then wash below waist with free flowing water**

**4<sup>th</sup> hrly temperature charting - Bring your own thermometer**

➤ Frequent hand washing every 2 hours  
➤ Daily bath after suture removal with soap and water from 24/09/2025

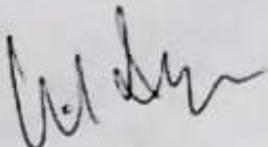
**Telephonic review with Dr. Parvathi Iyer (Mob. No. 9810640050) / Dr. K. S. IYER (Mob No. 9810025815) if any problems like fever, poor feeding, fast breathing**

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**(DR. SNEH LALWANI)**  
**(ATTENDING CONSULTANT**  
**PEDIATRIC CARDIAC SURGERY)**

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**(DR. K.S. IYER)**  
**(CHAIRMAN**  
**PEDIATRIC & CONGENITAL HEART SURGERY)**

Please confirm your appointment from (Direct 011-47134540, 47134541, 47134500/47134536)

- Poonam Chawla Mob. No. 9891188872
- Treesa Abraham Mob. No. 9818158272
- Gulshan Sharma Mob. No. 9910844814
- To take appointment between 09:30 AM - 01:30 PM in the afternoon on working days

**OPD DAYS: MONDAY – FRIDAY 09:00 A.M**

In case of fever, wound discharge, breathing difficulty, chest pain, bleeding from any site call 47134500/47134536/47134534/47134533

**Patient is advised to come for review with the discharge summary. Patient is also advised to visit the referring doctor with the discharge summary.**